

Morgan Hill Swim Club - Makos
PACIFIC SWIMMING ZONE 1 SOUTH LONG COURSE PC CBA+ MEET
April 8-10, 2011
Enter online at:
<http://ome.swimconnection.com/pc/mako20110408>

Sanction: Held under USA/Pacific Swimming Sanction No.:11-042
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Location: **Morgan Hill Aquatics Center: 16200 Condit Rd Morgan Hill, CA.** From North: Hwy 101 South to Morgan Hill take Dunne Exit. Go over Highway Overpass, take 1st Right Conduit Road, Aquatics Center on Right. From South Hwy 101 North to Morgan Hill Exit at Tennant Avenue take right onto Tennant (East) Take 1st left on Conduit Road, Aquatics Center on Right **Parking in front of West Entrance is for Officials ONLY (CONED AREA) General Parking is lots North and South of Facility. Do NOT park at surrounding commercial/retail buildings as vehicles will be immediately towed at your expense.**

Course: **50 Meter** Outdoor, heated pool with up to 8 competition lanes. Separate warm up and warm-down area available throughout the meet. The minimum water depth in accordance with Article 103.2.3, is 4 ft at the start and 13 ft at the turn end. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

RACING STARTS:

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Time: Meet begins at 5pm on Friday. Warm ups from 3:30pm – 4:45 pm. Meet begins at 9:00 am both Saturday and Sunday. Warm-ups from 7:30am to 8:45 am.

RULES: Current USA/Pacific Swimming rules will govern the meet. Pacific Swimming warm up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. All events are timed finals. All swimmers ages 12 and under should complete competition within four (4) hours. Swimmers may compete in only one event on Friday and up to four events on Saturday and Sunday. All coaches and deck officials must wear their USA Swimming [USA- S] membership cards in a visible manner. If conditions warrant it, the Meet Referee with the concurrence of the Meet Director, may require a mandatory scratch down or close the meet to further entries per the following statement: When the number of splashes either meets or exceeds the estimated timeline, per the Four Hour Rule, all entries will be closed and notification posted both on the Swim Connection website and on the Pacific Swimming websites. Entry forms and payments received after **the close of meet will be returned with an explanation.** In the event of a mandatory scratch down, immediate cash refunds will be made. Events 5&6, Events 35&36, Events 63&64 may be swum 2 per lane at the sole discretion of the Meet Referee. **The 1500M free, 800M free, 400IM and 400M free will be held as "OPEN" events and are therefore not subject to the "four hour rule". There will be a minimum seed time that must have been met for each of the Open events. The 1500M, 800M, and 400M freestyle events will be swum fastest to slowest, alternating girls and boys with the option of reversing the order at the discretion of the Meet Referee and Meet Director. Swimmers entering the 1500M, 800M and 400M freestyle events will need to provide their own timers and lap counters.** Entry times for Open events with a minimum time standard (see Schedule of Events listed on pages 4 and 5) which cannot be proven using the Pacific Swimming database may be verified by a complete set of meet results or verified by the swimmer's coach, either of which may be presented upon check-in. (2011 Pacific Swimming Guide). Coaches are to sign in at the meet when they get their program and present their registration card. *Coaches listed on the "Expired" list or have no card and do not show up on the "Registered" list will be told that they will have to remove themselves from coaching their swimmers on the deck.*

IMPORTANT NOTICE:

ATTENTION HIGH SCHOOL SWIMMERS: If you are a high school swimmer in competition season you need to be UNATTACHED from this meet. You may "unattached" at the clerk of the course when you check-in at the meet. It is the swimmers' responsibility to unattached from this meet. This does NOT apply to Zone 4 swimmers.

Restrictions: Glass containers, alcoholic beverages, propane heaters and stoves, and all tobacco products are prohibited in all areas of the venue during the warm-up period and the meet. Only coach's tents are allowed around the perimeter of the pool, with NO team setups allowed around the pool perimeter. All shelters must be properly secured.

Eligibility: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Meet is open to all qualified swimmers, who have met the listed time standards. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Verification Procedures. **Fees for entries in the Open events that cannot be proved in the computer database, by a set of complete meet results or verified by the swimmer's coach will not be refunded. Swimmers aged 19 years and over may participate in the 13 & over and Open events but will not be scored or awarded.** Such swimmers must have met the time standards for the open and 17-18 age group events. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming Policy.

Check-in: The meet will be deck seeded. Swimmers must check in at the Clerk of Course. Close of check in for all events shall be no more than 30 minutes prior to the estimated start of the first heat of the event. Swimmers who do not check in may not compete in the event.

SCRATCHES: Any swimmer checked-in for an individual event and fails to swim that event will be scratched from the next individual event unless a Referee accepts proof that the failure was caused by illness, injury, or other circumstances that were beyond the control of the swimmer.

ONLINE ENTRIES: You may enter this meet online or by mail. Enter at:
<http://ome.swimconnection.com/pc/mako20110408>

You will receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% times the entry fee. Please note that the processing fee is a separate fee from the entry fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Online entries will be accepted through midnight, Wednesday, March 30th, 2011, or until the number of splashes either meets or exceeds the estimated timeline, per the Four Hour Rule, at which time on-line entries will be closed and notification posted both on the Swim Connection website and Pacific Swimming websites.** Entering online is a convenience, is completely voluntary, and is in no way required or expected in order to enter this meet.

Paper Entries: Entries must be on the attached Consolidated Entry card. Entry forms must be completely filled out including best **LONG COURSE** time for each event. **Entered times must be submitted in METERS.** Time Conversions from short course yards will no longer be required or allowed. Pacific Swimming's Rules and Regulations specify that when you have achieved a specific class level (for example, "B" or "A") in an event in one course, you are considered to be qualified at that same level in all courses. Accordingly, you must always enter a time which maintains the class for which you've qualified in an event. "No Time" entries will be accepted for all events except the Open events and will be seeded in the first heats. Incomplete or illegible entries may require a collect call be made in order to accept entries. **Entries must be postmarked by midnight, Monday, March 28th, 2011, or hand delivered by 8:00 pm Wednesday, March 30th, 2011 to 1921 W Edmundson Ave. Morgan Hill, CA 95037** No refunds will be given after this time except the instance of a mandatory scratch down. If you would like to confirm entry, please include a self-addressed, stamped envelope or postcard.

Entry fees: \$2.75 per event. There is a \$5.00 participation fee per swimmer. Make checks payable to Morgan Hill Makos and mail with entries to: **Morgan Hill Makos, 1921 W. Edmundson Ave., Morgan Hill, CA 95037. Please put attention MEET DIRECTOR on envelope.**

AWARDS: Ribbons will be awarded to 1st through 8th place finishers in the A+, B and C divisions for each event and age group. 13 & OV events will be awarded as 13-14 and 15-16, 17-18 Age Groups. Swimmers aged 19 and over will not be awarded. "A" medals will be awarded to swimmers achieving new "A" times swum during this meet only. Open events will not be awarded

Admission: Free. Two day programs will be available for at a reasonable price.

Officials: Referee: Soren Soe Meet Director: Michael Greymont (408) 891-2948
Head Starter: Mike Davis mgreymont@mhgcg.com

Hospitality: A snack bar will be in operation during the meet. Lunches and snacks will be served to working deck officials and coaches. Snacks will be served to all timers during the meet.

MEET SUMMARY

Friday, April 8, 2011

<u>9-10</u>	<u>11-12</u>	<u>13-over</u>
200 IM	200 IM	1500 Free*
	1500 Free*	

* **Must meet Minimum Time Standard as listed in the Schedule of Events**
Swimmers in all events on Friday must provide their own timers and lap counters (1500M freestyle)

Saturday, April 9, 2011

<u>8 Un</u>	<u>9-10</u>	<u>11-12</u>	<u>13-over</u>
50 Breast	50 Breast	400 IM*	400 IM*
50 Free	100 Back	200 Breast	200 Breast
	50 Free	50 Breast	200 Free
	100 Fly	100 Back	100 Back
		50 Free	50 Free
		100 Fly	100 Fly
		800 Free*	800 Free*

* **Must meet Minimum Time Standard as listed in the Schedule of Events**
Swimmers in the 800M freestyle must provide their own timers and lap counters.

Sunday, April 10, 2011

<u>8 Un</u>	<u>9-10</u>	<u>11-12</u>	<u>13-over</u>
50 Fly	50 Fly	200 Back	200 Back
100 Free	100 Free	50 Fly	200 I.M.
50 Back	100 Breast	100 Free	100 Free
400 Free*	50 Back	100 Breast	100 Breast
	400 Free*	50 Back	200 Fly
		400 Free*	400 Free*

* **Must meet Minimum Time Standard as listed in the Schedule of Events**
Swimmers in the 400M freestyle must provide their own timers.

SCHEDULE OF EVENTS Friday, April 8, 2011

B TIME	A TIME	EVENT #	AGE	DESCRIPTION	EVENT #	B TIME	A TIME
GIRLS	GIRLS					BOYS	BOYS
4:13.29	3:49.89	1	9-10	200 IM	2	4:16.29	3:52.69
3:42.59	3:22.09	3	11-12	200 IM	4	3:44.29	3:23.59
	Minimum standard 27:06.29	5	11-over Open	1500 FREE	6	Minimum standard 26:55.59	

SCHEDULE OF EVENTS Saturday, April 9, 2011

B TIME	A TIME	EVENT #	AGE	DESCRIPTION	EVENT #	B TIME	A TIME
	GIRLS					BOYS	BOYS
	Minimum standard 7:51.59	7	11-over Open	400 IM	8	Minimum standards 7:55.59	
		9	11 & OV	200 BREAST	10		
4:11.79	3:48.59		11-12			4:08.49	3:45.49
3:59.99	3:37.79		13-14			3:50.39	3:29.09
3:58.59	3:36.59		15-16			3:40.89	3:20.49
4:10.19	3:47.09		17-18			3:45.29	3:24.49
		11	13 & OV	200 FREE	12		
3:03.59	2:46.59		13-14			2:55.39	2:39.19
3:02.19	2:45.39		15-16			2:46.79	2:31.39
3:06.59	2:49.39		17-18			2:45.59	2:30.29
		13	10 & UN	50 BREAST	14		
1:12.49	1:01.89		8 & UN			1:12.49	1:01.39
1:00.89	55.29		9-10			1:01.69	55.99
54.09	49.09	15	11-12	50 BREAST	16	54.09	49.09
1:57.69	1:46.79	17	9-10	100 BACK	18	1:58.19	1:47.29
1:44.49	1:34.89	19	11-12	100 BACK	20	1:45.99	1:36.19
		21	13 & OV	100 BACK	22		
1:38.09	1:28.99		13-14			1:34.69	1:25.89
1:37.29	1:28.29		15-16			1:29.59	1:21.29
1:43.99	1:34.39		17-18			1:31.29	1:22.89
		23	10 & UN	50 FREE	24		
58.19	48.19		8 & UN			58.19	46.09
45.89	41.59		9-10			47.19	42.79
41.39	37.49	25	11-12	50 FREE	26	40.99	37.09
		27	13 & OV	50 FREE	28		
39.39	35.69		13-14			37.59	34.09
39.09	35.39		15-16			35.39	32.09
39.39	35.69		17-18			34.69	31.39
2:00.79	1:49.59	29	9-10	100 FLY	30	2:00.99	1:49.89
1:43.59	1:33.99	31	11-12	100 FLY	32	1:43.99	1:34.39
		33	13 & OV	100 FLY	34		
1:35.49	1:26.59		13-14			1:31.69	1:23.19
1:34.69	1:25.89		15-16			1:24.89	1:17.09
1:36.49	1:27.59		17-18			1:25.59	1:17.69
	Minimum standard 14:05.09	35	11 & OV Open	800 FREE	36	Minimum standard 13:52.99	

SCHEDULE OF EVENTS Sunday, April 10, 2011

B TIME	A TIME	EVEN T	AGE	DESCRIPTION	EVENT	B TIME	A TIME
GIRLS	GIRLS					BOYS	BOYS
		37	11 & OV	200 BACK	38		
3:41.99	3:21.49		11-12			3:43.79	3:23.19
3:32.09	3:12.49		13-14			3:24.39	3:05.49
3:29.99	3:10.59		15-16			3:11.69	2:53.99
3:39.79	3:19.49		17-18			3:27.19	3:07.99
		39	10 & UN	50 FLY	40		
1:06.99	58.99		8 & UN			1:06.99	58.39
51.99	47.19		9-10			52.49	47.59
45.39	41.09	41	11-12	50 FLY	42	45.49	41.29
		43	13 & OV	200 IM	44		
3:28.59	3:09.39		13-14			3:19.79	3:01.39
3:27.69	3:08.49		15-16			3:10.99	2:53.39
3:31.69	3:12.19		17-18			3:11.59	2:53.89
		45	10 & UN	100 FREE	46		
2:07.79	1:46.59		8 & UN			2:04.79	1:40.09
1:41.59	1:32.19		9-10			1:41.69	1:32.29
1:30.09	1:21.79	47	11-12	100 FREE	48	1:29.29	1:21.09
		49	13 OV	100 FREE	50		
1:26.09	1:18.19		13-14			1:20.89	1:13.49
1:23.69	1:15.99		15-16			1:16.49	1:09.49
1:24.89	1:17.09		17-18			1:16.39	1:09.29
2:13.29	2:00.99	51	9-10	100 BREAST	52	2:15.69	2:03.19
1:57.59	1:46.69	53	11-12	100 BREAST	54	1:56.39	1:45.59
		55	13& OV	100 BREAST	56		
1:50.99	1:40.79		13-14			1:46.09	1:36.29
1:50.39	1:40.19		15-16			1:39.99	1:30.69
1:53.79	1:43.29		17-18			1:40.89	1:31.59
		57	10 & UN	50 BACK	58		
1:06.99	57.89		8 & UN			1:06.99	56.69
54.09	49.09		9-10			55.49	50.29
48.29	43.79	59	11-12	50 BACK	60	49.09	44.49
		61	13 & OV	200 FLY	62		
3:35.99	3:15.99		13-14			3:28.09	3:08.89
3:31.39	3:11.89		15-16			3:15.99	2:57.89
3:43.79	3:23.19		17-18			3:21.79	3:03.19
	Minimum standard 6:52.79	63	8 & OV Open	400 FREE	64	Minimum standard 6:57.19	

Note: the 1500, 800, 400 freestyle distance events will be run Fastest to Slowest Seeded Times.

